

THE PROCESS OF GETTING YOUR EX BACK FOR GOOD

by Jonathan O'Reilly

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Basically, the book is split into 10 parts related to each other but you are free to read whatever is in your interest:

1. [**General Advice**](#)
2. [**How To Get Your Ex Boyfriend Back – For Women**](#)
3. [**Understanding Men**](#)
4. [**How To Get Your Ex Girlfriend Back – For Men**](#)
5. [**Understanding Women**](#)
6. [**Your Ex Broke Up With You**](#)
7. [**You Broke Up With Your Ex**](#)
8. [**Reverse Psychology**](#)
9. [**Patience and Friendship**](#)
10. [**Recommended Presents To Win Your Ex Back**](#)

1. General advice...

Ok... in one way or another, you and your partner broke up. And now you want to **get your ex back**. You may or may not have noticed it in the beginning but you two were never meant to break up. It's something about a breakup that makes you realize different things about a person.

So you stand there reading this eBook and start wondering **how to get your ex back**. Well...**getting your ex back** is not that easy. I am not going to bore you with the same crap that you read over and over again on the internet about **getting your ex girlfriend / boyfriend back**. It's an equation with a lot of parameters.

So the thing is, I'm going to be straight up with you. We are going to analyze your situation and according to what you feel about **breaking up with your ex** we will find a solution for you. And like most solutions it will request some thinking and taking action.

Most breakups end up being a breakup because of some specific reasons. You have to analyze you and your ex's situation and feelings in order to get her / him back. You might think "oh but I didn't do anything wrong in my relationship" ...WRONG! You must think of the relationship from the perspective of your ex, after all we are rather subjective when talking about our relationships.

Like I said, the getting your ex back problem relies on a lot of different factors. What I want you to understand is that applying general knowledge of breakups might not work because of some incompatibilities. The only one who knows the exact situation and possible entry points back to the heart of your ex is you! I can only give you the ideas of what you should do! And believe me, I have some great ideas for you.

Throughout, you will learn a lot of useful tips to **win your ex back** such as psychological tricks used to make them change their mind, do-s and don't-s regarding the way you act after the breakup, the importance of confidence, the way sex influences relationships and many more.

Now, If you are a woman / girl trying to **get your ex man / boyfriend back**, I would recommend you to continue with this article: [getting your ex boyfriend / man back](#).

If you are a man / boy trying to **get your ex woman / girlfriend back**, you should definitely continue reading this article: [getting your ex girlfriend / woman back](#) .

There are some major differences between the situations where you **broke up with your ex** and when **your ex broke up with you**, although the result is the same and the problem still being to **get him**

/ her back. Sometimes a breakup is a message such as not having enough space, wanting to focus on the career or just wanting to be single again.

If you **broke up with your ex**, you must have had your reasons, but it seems that now they're relative. You just realized you made a mistake and now you want to **get back together**. But is she still available? She may have already met someone or you simply broke her heart and now you are in the tough position of **winning your ex back**. And honestly, it should be a piece of cake if you play your cards right. You want to be ahead of her every thought and act the correct way. I'd suggest you continue reading the [get your ex back when you broke up with your ex](#) article.

If **your ex broke up with you**, well this is where the games begin; you must have complete control of the situation and act smart on every given opportunity! Think with your brain, not with your heart, because he / she are aware of your feelings. **Winning your ex back** after she / he broke up with you is a game you have to play by your ex's rules. And the way you win the game is mastering the rules. So, continue reading this article: [ways to win your ex back after she / he broke up with you](#) or just check out the ways to get your ex back even in impossible situations in this highly recommended book: [Pull Your Ex Back](#) .

So, there are many ways **to get your ex back**, you just have to analyze the situation and apply the advice most suitable for you in the process of **winning your ex back**. Play the game correctly and remember to follow up to people who've already been there... the best way to handle a situation is following the advice of people who made it through it successfully. At least that's what I did and it ended up great for me: my love life is great and I've never felt so accomplished in my entire life... and that's just by learning from the mistakes of others and listening to what the gurus had to say regarding the love dilemma. You just have to listen... useful information is all around us.

For further guidance I recommend you this ebook that helped me through rough times and probably has the most complete package out there in order for you to understand everything that's going on in the breakup and get back in your ex's life. Here's the incredible [Ex Back System](#) designed to work even in impossible situations.



2. How to get your ex boyfriend back...

So you say you really want to get your ex back don't you ? Well, this article is dedicated for you ladies who desperately want to **get your ex boyfriend back**, meaning you'll do whatever it takes.

Everybody's been through at least one painful breakup in which the position of the heart broken shadowed your capacity of clearly looking upon the situation and so it degenerated into a breakup you would soon regret.

As a girl, I could say I've been through all the phases of a breakup : anger, repulsion, autosuggestion, depression, reestablishing contact by any means, compromises and finally, wrong choices that made me establish a set of values and "unwritten" rules about how to proceed to **get your ex boyfriend back**.

You have to understand that it's not a competition in which you hope you'll make him miraculously give up on his decision and reasons and you would then "win" the breakup.

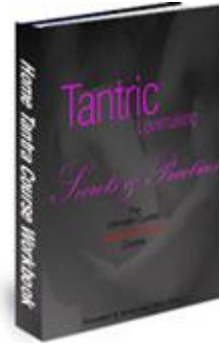
To fully understand how to get your ex boyfriend back, you have to truly understand men. It's that easy but also very hard. Men are not easily understood, even though some of you may think you have the secret. Men are odd in many ways and you have to know on which aspects to put emphasis on. For more details, check out this article: [understanding men](#). Also, if you're interested in some naughty little psychological tricks to get your ex boyfriend back, check out this article: [get your ex back using reverse psychology](#).

The statute of ex girlfriend is not a permanent one. No way ! Being the ex girlfriend holds on the other hand advantages and privileges that one can wisely use for achieving your desired purpose. His friends, the social circle in which he stands, family (which plays a major role), and last but not least, the pleasures of any nature you had the opportunity to offer him, are from start some aces in your sleeve you have to take in consideration.

First of all, analyze yourself and try to clarify if you really want this. Don't waste your physical and mental resources over an illusion or vanity. Be the girl of your dreams to regain the self confidence that you'll regain the man you once charmed with your presence. Feel good in your skin, be always good looking because, let's face it, sex-appeal is an essential brick in the wall of attraction. Whatever a man says, he'll always look at a woman's body and he's opinion of a woman is always going to be based 70% on how she looks (if you need some advices regarding the way you look, here's a book that will help you a lot: [A hotter body in 100 days](#) .

It's not a secret ladies... men love sex. It's not that they love it, it's pretty much all up in their head. This being said, a man sees a whole lot different a woman that pleases him sexually. In other words, nobody likes a woman that just stays there and acts like it's a job. You have to really be passionate about it and work him! Sorry for being so dirty, but this is just the truth! And it's not just about sex-driven relationships, but the normal ones that are really affected... when a man loves you but just wants something more sexually satisfying! Don't give them that feeling!!! If you really have some sexual problems, please fix them; it's essential! The next time you make love show him a more wild and

passionate face and he'll be all yours. Now, I'm going to let you in some secrets that will definitely boost up your sex life and you'll learn things you never thought about regarding pleasuring your partner. This ultimate guide is highly recommended and contains so many useful stuff: [Tantric Lovemaking –Secrets and Practices](#). It contains a lot of tips and tricks that you will never regret learning.



Now, remaining in civilized terms, a friendship between you two, as recently broken up, may relapse very easily. All it takes is patience, understanding and maybe a little more from you. The woman is considered the gentle sex, so don't deny your given right from birth. Be sexy! Be seductive and at the same time ambiguous, give him everything minus the essential... So he can feel the difference in not having you like before.

Establish your priorities with wisdom then follow the basic steps in **getting back your ex boyfriend**: gain field in front of his friends, be opened and cheerful, recall the happy moments of your relationship, assure him support but in the same time keep a distant note so that he feels the pressure of not being together.

Family is the most important thing in life. Parents, especially the mother, are the most important thing for a child, because of the support, help and guidance they offer when he most needs something. So, look to be invited at his family's home and praise their great son more or less subtle, preferably, with him not around.

As a woman it's impossible to not look up to his pleasures, hobbies, customs and things he hates. A relationship is actually a road to knowing each other, that one travels or not in time.

The little pleasures and the thoughtful attention will not just pass by him. Be pleasant at sight; give a little bit of ingenious and at the same time be feminine, sensual... You'll notice a change of behavior guaranteed!

Next, I'd recommend you this [Get Your Man Back System](#), a proven and tested resource that will make you fully understand what the process consists of.

3. Understanding men...

Listen ladies, the first thing you must do when you want to [get your ex boyfriend back](#), is to understand the reasons they left you for. But more than that, you must understand what is in their head because, most of the breakups don't have to do something with you, but rather with the thoughts in his head.

Amazingly, men don't just resume at sex (at least not all of them). They actually look at most of the small details and appreciate or not, according to the situation.

Men like women. Great! But, is that all? No...There are a lot of details that men put emphasis on. For example, a man has to feel like a man in a relationship, and it's not about traditional, expired values here, but it's just that men are usually more rational and calculated than women, so they like to take control of the situation. Of course if you have a problem say it, but you have to have faith in him and his decisions. And if he screws up, you got all the right to do it your way next time.

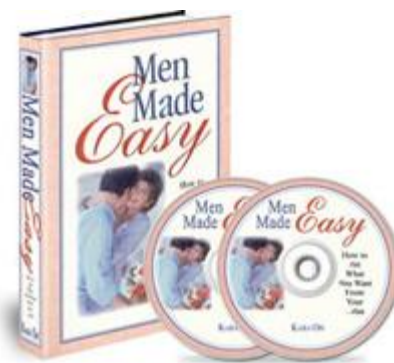
Men are not that simple as you may think. The way women search for the man of their dreams, believe it or not but that's what men do too. We all seek that one person that will make our hearts enlarge. Men tend to not show their feelings very fast, but that does not mean they're not there. You have to understand the things he's suggesting through various signs or subtle phrases.

You think only women like attention? Wrong. Men also like to be in the center of a woman's life. Some may be too possessive but most men expect to be given what they are offering. For example if he gives up for a friend to see you, he expects the same thing from you when in the same situation.

Sex is also present in a man's mind. And remember, as long as you please him sexually, he won't have any reason to cheat on you, make you jealous or simply want to go out with other women. It's a true fact (here's a great lovemaking book for further reference: [The Ultimate Tantric Course](#)).

Anyway, for a deeper understanding of men, I recommend you this awesome workbook + audio coaching session that will teach you all you need to know about men: [Men Made Easy](#)

I hope this helped you [get your ex boyfriend back](#).



4. How to get your ex girlfriend back...

In one way or another you ended up here, reading this **how to get your ex girlfriend back** guide. This will not be easy, so please read it to the bottom where you'll find other resources that will help you accomplish your goal.

You and your girlfriend broke up, some days passed and something doesn't seem right. Where is that female presence that used to light up spirit? Where is that one person that made you feel like your place was right next to her? Where is that pleasant character that made you feel special?

Your girlfriend used to be that person... but now she's not. Something didn't end up right in your relationship and now you're torn apart. You feel awful and misplaced. You feel like you have to do something... yes, you **have to get your girl back!**

Most people lose their confidence and give up their relationship after a breakup. That's foolish! Don't be one of those guys. You can **get your girlfriend back** just by following this guide!

But enough with the intro, let's get into the middle of it all:

When **your girlfriend broke up with you**, there were some reasons. You should revise those reasons and make a clear analysis. Let's go back in the past when it was all good and you guys were happy. Now come back into the present and see what changed that. You just got your problem. Now let's try to find a solution.

Women have the unique ability to be unpredictable. One day she may feel something and the next day something totally different. They are just not as calculated and thoughtful as us, guys. They act more based on their feelings, never thinking about the consequences... And I guess that's what makes us fall for them.

In order to offer her what she wants, you have to truly understand women and some basic concepts, like the things that a woman is suggesting through her dialogue, her body and even her smallest gestures. More on that in this article: [get your ex back : understanding women](#).

Anyway, you must act fast but with brains. You must calculate your every move. Think of it as a chess game: you have to think 2 moves ahead of her and also try to get the queen 😊.

The thing with women is that you have to let them realize on their own the mistake they made. Always try to play it cool, don't show her that you want to make up with her so bad...instead, make her realize she wants you back. How? Simple...prove to her what a great person you are: put emphasis on your qualities and especially the ones she loved and make her regret **breaking up with you**. It won't be that hard **to get your ex girlfriend back** after that.

Of course, there's still the case where she wants to lose all ways to communicate with you. But no, that's what she thinks she wants. Girls can't really control their feelings, sometimes you have to remind them where they stand. In this case, you must gather all your thoughts and give it a big shot, meaning you must insist on meeting one last time and then play your cards right.

You have to really make her think about you and your relationship together and make her believe you when you tell her it's going to be alright.

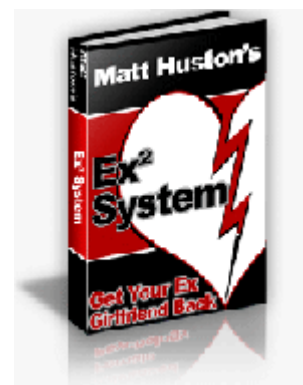
And as we all know, women like presents. But the real problem is choosing the suitable present for your girlfriend. 80% of men make the mistake of blindly buying their girl presents. You have to also be smart when buying her a present, especially in the case you want **to win her back!** Please read the next article in case you don't know what to buy her: [buying your ex the right present to win her back.](#)

Another problem that most men have is the behavior in a relationship. You will never have a woman if you act like a jerk in a restaurant, or little things like if you don't open the door for her. These are details that women see! And they also want to see those capabilities in a guy. The most important thing when in a relationship is knowing how to master it, how to handle the different situations that you're being put in. Believe me, if you act correspondingly to a woman's needs, she'll never leave you!

Ok, now we've reached the next problem...which is...SEX. Yes gentlemen, sex is an important aspect of a relationship and women although they sometimes seem not to care too much, it makes them feel good and makes you grow in her eyes. After all, we all know how a woman sees a man that makes her scream when getting private. Hey, I just remember an excellent book that I truly recommend. I guarantee you it will improve your sex, love, and relationship life and women just won't get enough of you: [The Ultimate Home Tantra Course.](#)

Now, the smartest and cheapest way to **win back your ex girlfriend** is simply talking to her. It is not that easy but it will surely **bring her back** and she will never leave you again. It's simple: if you control a person's thoughts, you can make her do whatever you want. But this, my friends, is an art... mastering these psychological tricks and using them in your own advantage... this will help you on the long term! Continue reading this next article if you're really interested: [get your ex back using psychological tricks.](#)

Getting your girlfriend back has never been easy; use this next resource and you will successfully **win your girlfriend back!** This is one of the revolutionary books on the market and the system that's being explained is just brilliant: [The Ex2 System: A Step-By-Step Blueprint To Getting Your Girlfriend Back .](#)



5. Understanding women...

Ok guys, buckle up because what you are about to read might be life-changing. I'd suggest you read it carefully and follow my instructions in order to [get your ex girlfriend back](#):

Breaking up with somebody doesn't always mean it's your fault; mostly it's because of the thoughts inside the head of your ex girlfriend.

What can I say? Girls are complicated! That's not a secret. When you least expect, they do something totally unpredictable and leave you astonished... and not in a good way!

Women actually have this unique ability to be unpredictable. One day she may feel something and the next day something totally different. They are just not as calculated and thoughtful as us, guys. They act more based on their feelings, never thinking about the consequences. .. And I guess that's what makes us fall for them.

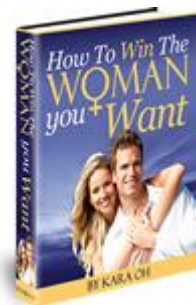
Women like attention. Remember that! And as long as you give a woman what she needs, it's all good. Lack of attention is the main reason a girl starts having doubts about her relationship... they're simply addicted to attention. If you don't give them enough, they'll start to think you're giving it away to someone else and get all paranoid. You don't want that.

You have to understand the needs of a woman, what she wants in a man.

She needs to feel protected; she wants you to always be there for her...yes, a woman is a needful human being. She needs guidance from a man in this messed up world.

The mind of a woman is very complex. You have to really look at all the tiny details to understand what she thinks and feels. It's the little things that make a woman special.

Women have never been easy, but here's a book that explains a lot about women... some things that you never even bothered to put emphasis on, it's everything you ever wanted to know about women but didn't know who to ask: [How To Win The Woman You Want](#).



6. Your ex broke up with you...

In the case which **your ex broke up with you** comes the real problem mainly because it's something wrong with them and you have to find out the problem.

If you really want [to get your ex back](#) after a breakup based on their decision, you have to try to determine the problem and find the solution. You have to try hard to change based on the situation so you can make things better so there would be no more argues.

Your ex must have broken up with you because of some reasons. Find them out! Check some text messages you sent or think about the things you said that bothered them; find the exact problem of your relationship for which they broke up with you. These are the type of things you must know in order to master the situation and **get your ex back**.

You have to be a better person according to what your ex needed. Try to satisfy their needs and even more: be unpredictable and make them a surprise of something they really like, raise yourself to a level above your ex's expectations.

But now let's focus on **getting your ex love back**. Well, even if they broke up with you, believe me, you're still in their head... which clearly is an advantage for you. What I mean to say is that your actions still do matter! This basically is a psychological issue: now that you're apart, she sees your actions differently and from an objective point of view... which is also good! So... try to impress your ex lover, try to show them you're capable of change and also what a great person you are. Your ex will notice and will take into consideration more than you think.

Another psychological event is removing the bad impressions that your ex has regarding you. Transform your defects into qualities. But more than that, show your ex this! Even if it's a thing you can't change... try to show your ex you changed it. Another option of removing those bad impressions is renewing your ex's mind with good impressions. The more qualities he or she will find in you, the more they will lose sight of the defects.

In order for you to **win your ex back** you have to make a lot of compromises. You must make her forget the reasons why she left you and continue building a newer better relationship without making the same mistakes over and over again. Your patience and devotement will be rewarded.

This will not work just by asking them to meet you and just telling them you have changed or you intend to change because he or she will see this only as worthless words determined by the fact that you are broken hearted and would say anything **to get him or her back**. You have to make her/him see that you changed. Actions not words! When you unintentionally meet do something she wouldn't expect, opposite to what you were doing in the relationship that bothered him/her and caused the breakup. **Play it cool** and keep showing them you changed and are a different person and **he or she will come back to you**.

There are many other aspects of the [winning her back](#) process that I didn't talk about here but I definitely recommend you a book that includes all the topics and questions going through your head about winning her back after a breakup: [Pull your ex back even in impossible situations.](#)



7. You broke up with your ex...

In life we make decisions and sometimes not the right ones. In your case, **breaking up with your ex** may have not been your smartest decision and now you regret it and [want your ex back](#).

These sort of things happen... people are often confused and make some irrational decisions and then regret them. You may have had a phase, some personal problems or there was even a misunderstanding between you too and you ended **braking up with your ex**. Now let's focus on [getting your ex back after you broke up with her/ him](#).

When you broke up with your girlfriend / boyfriend you didn't realize what you were doing and probably broke up his / her heart. This is the main thing you have to focus on: make up for your mistakes and prove to him/her those were not your intentions.

Your ex may now be having an awful time and can't get over the fact that you crushed their heart so he or she may need some time to recover. What I'm saying here is be patient and stay by her side all along the healing process to show her that you care and you want her to be better; after all, [patience and friendship are essential in getting your ex back](#).

The main idea is to get back into their heart slowly and efficient. So, talk to him / her and **ask them to be close friends** and try to hang out more often. **Soften your ex's pain**, show them that you couldn't do such a thing to them again and the rest will follow.

You know your ex, her customs and preferences so use this in your advantage: make her feel comfortable, secure and take ahold of her / his feelings. Make them believe you won't hurt them again and you'll be careful regarding their emotions.

Another important aspect is to **put emphasis on the little details** because they're the ones that make a difference. If your ex sees you a better caring person and that you take into consideration the small things they talk about or do good things will happen. They'll be mentally satisfied, feel much more comfortable and they'll slowly open their heart and welcome you back in. It will be all a matter of time...

There are a lot of other details for you to take into consideration such as not pushing the limits when you're in this delicate situation, not wanting to jump right back to sex or not understanding some messages that they're trying to transmit via subtle phrases or actions and if you really want to find them out, check out this [definitive guide to get your ex back](#).

I really hope this helped you [get back together with your ex](#).



8. Reverse psychology...

Reverse psychology... an interesting theory that can prove very useful in most of the cases. I said most of the cases because I'm not going to lie you and start to brag that this is a simple thing, simply because people are so individual, our human behavior is very difficult to predict. Our identity makes us unique in every single way but still this method has proven a lot of successful stories.

First of all let's underline a few major components of reverse psychology: the main idea that you should be focusing on is not [getting your ex back](#), at least not now, you have to achieve a good self-control before you do that . What I'm trying to say: I know your feeling down, you probably are **thinking about your ex** 24/7, for everything you do you find a connection with your ex , but you have to stay calm , stay controlled. Even some of the tips I give you will be a little heart-breaking try to focus. You must be self-controlled all the time, don't beg , don't start crying in front of your ex , telling how much you need their affection , even though it's totally true.

Try **not to make any contact with your ex** , and by that I mean absolutely **NO** contact : emails , messages , comments on face-book , twitter , instant messaging all of this are on a list of mustn't do. If you stumble upon your ex on the street or at a restaurant, don't give the impression that you're feeling miserable and desperate. Play it cool and that will be a major step in getting your love back. You see people are a little bit strange regarding things they love or want - we always want what we can't have and this applies even in our subject : we don't miss what we have until we don't have it any more.

So what I'm trying to say **is** you'll have more chances to **get back together** if you don't offer your ex this control over you , knowing that you are a sure thing , that you will always be there in the background. It decreases your ex's attraction to you. But seeing that you're not desperate and needy , you seem quite all right (it's just an appearance , but it does the trick very good , if you can maintain that self-control) , that "sure thing" that I mentioned a few lines ago , will probably fade away. Now the balance of power is shifting your ex will start to question their selves if they made the right decision by leaving you , your ex will see you very confident , and probably realize what a wonderful couple you were.

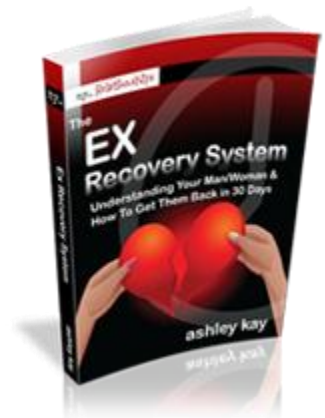
Another thing that I forgot to mention , **don't try to make your ex jealous** , I know I said no contact with your ex , but you don't have to bring another person in your life , after all you [want your ex back](#) , not a new lover.

If they do come back to you, and they will if you do this, and there was a good connection in the past , then the new **more attractive, more self-sufficient** you that doesn't need anyone will really get their minds and more importantly their hearts thinking. Let's take an example : the lack of neediness, added strength is a BIG plus if you're a man. If a woman felt she left you as a boy and then she finds you as a man a few weeks later, then you are in with more than a chance with her (and every other woman). This will also increase your mystery to her as it should come as a bit of a surprise to her.

All good, **especially for you as a person**. Men are more visual creatures in general, so if they see the ex and she's lost weight and looks sexier and more confident, he will think twice. Women are both visual and emotional, so even if you show up like Brad Pitt but are still the needy, weak, **non committable** boy they left, the most you can hope for is "ex sex".

It's true that you can't make anyone fall in love with you, but you *can* increase the chances that they will. These chances are far higher in one way with an ex as they've already fallen in love with you before. Time apart and you acting like an adult, not being needy, getting physically fitter and more attractive will attract them far quicker. This will be practically the basic steps of reverse psychology, for further details I highly recommend this [Ex Recovery System](#) which contains some awesome psychological tricks for you to use in your own advantage.

Or if you are trying to understand the behavior of men and women in relationships please feel free to read these articles: [Understanding MEN](#) and [Understanding WOMEN](#) .



9. Patience and friendship...

Thinking about the good days, love all around you, a stable and happy relationship, feeling sad that the nice dream ended in a **break up**? Not to worry, even though you may think you lost your lover forever, [getting your ex back](#) is quite simple. Almost everyone is interested in giving another chance to a former good relationship. If you find yourself in this situation, and **want to get back together with your ex-lover** follow the 4 steps detailed below.

1. Be Patient.

First of all remember that **patience is virtue**. Don't be hasty and try not to rush anything, just play it cool and simple with small comments whenever you meet with your ex. By small comments it means really simple things like saying hello or even waving. An important fact, when you encounter your ex, you should maintain eye contact with him or her, just to let them know you're really talking with them and not someone else. This eye contact also makes you look like a confident and responsible person and that would be a plus in your quest for **regaining your ex back**, but don't overstep your boundary, don't let it go much further than this.

2. Be Mysterious

Second step in your plan to [get your ex back](#) will be to try slowly implementing conversation again, making an attempt to talk to them when you can. Keep in mind that it should only be small talk, a brief and basic conversation, nothing fancy. Your goal is to give yourself a sort of mystery, don't give much details about you, don't reveal too much. Why would you do this? Because mystery is in fact quite endearing and this would boost you away closer to **getting back together**.

Let's take for example you encounter your ex at a party and start chatting. If your friends happen to come into room, you should stop the conversation with your ex and focus your attention on your friends. That doesn't mean that you should run to them, or leave your ex talking to him or herself. By focusing your attention to another person or your group of friends, you will let your ex know that they are not your highest priority right now, even though the communication between the two of you is nice, that you are emotionally stable, and you're a completely confident and well balanced person (probably the same you that she or he fell in love with).

3. Be well-groomed

Your appearance should be impeccable. Does anyone want a person who looks needy, desperate, who doesn't care about his appearance, who looks miserable? Make sure that you **look good**, smell good, and be in perfect shape both mentally and physically because maintaining your good looks will show **confidence and respect for your appearance**.

4. Don't be afraid

Have confidence in you, act casual, make a few honest compliments **when talking to your ex**, and try to be as natural as you can possibly be. Try to make your ex happy beside you, make sure that every time your ex lover is around you, he or she feels good. Talk about the good times that you spent together, bringing up only good memories from the past. Help them to remember some of the highlights from the former days of your relationship; try to be the person that your ex fell in love with.

Become your ex's friend and try to convince them that they should have you back, and that the break up was only a unfortunate event that never should have happened. In little time they will feel more comfortable with you and, if they want you back, they will eventually let you know. Try to determine your ex to come to you and instead of you begging for your ex to come back keep it simple and cool , and you will surely [get your ex love back](#) to you in no time.

For a more detailed overview of getting your ex love back I would recommend this great e-book: [How To Win Back The Love Of Your Life](#).



10. Recommended presents to get your ex back...

In the past a simple and effective method of **impressing your ex** was buying flowers , candy or even sending love notes. Nowadays , these items wouldn't do the trick as our world , or let's just say the financial state of our world takes a huge place in every day relationships , so the part of [getting back with your ex](#) with just a simple gift or a small love gesture is just not effective as it was in the past. A flower is too shallow, candy is just too common , leaving a love note would probably end up as an amusement .

Although, the feminine side has gained the reputation of being very self-centered regarding personal profit, a gift can be looked at as a negative thing , it can even become a terrible mistake that can and will transform a nice gesture of love into a small fight , the main ideas of this fight being : “ you want to buy me ? “ or “I'm not for sale” or “ you offend me” or “ I don't need your gifts” and the list can go on forever.

So what should you do, will a gift be a good thing or a bad decision in order to get your love back. In order to help you decide here are a list of situations in which a present/gift would be appropriate or useful. Let us see:

Situation 1: It's a special occasion for her (birthday, name day, etc.). Besides the present you will offer, you should **explain to her** that this is a major event for you, and even if you're separated or your relationship is a little tense, you couldn't have missed it for anything in the world. This will make her feel very important and will be the first step in **making her believe you still love her** and convincing her that she has a significant role in your life.

Situation 2: Let's say you and your ex girlfriend are part of the same group of friends , and you receive an invitation to a party , either you both receive it from a common friend , or even from your ex lover since you have the same friends. Let's take for example it's her birthday at school/work and she invites her colleagues (may I remind you that you're part of that group of colleagues) to her party. In this situation you should **pick wisely her gift**. Taking into account that there will be a lot of gifts and all sort of presents , yours must be, and I put emphasis on this, must be something really special, that will totally blow her away. Offer her a gift that **only you and her know about** , a gift with a direct link to your **ex girlfriend** , that will draw her closer to you than all the rest of the people invited.

Situation 3: Buy her an **unforgettable** gift . She must desire something , and you probably are the only person who knows that . But there's a catch , that something must be a gift that she can enjoy beside you. Let's take an example : tickets for a rock concert. She really wants to go , but none of her friends like this particular kind of music. Take into consideration , this is only an example , in order to help you understand the situation better. Let's get back to our example. You decide to buy her those tickets , and even thought , the relationship between you two is not working very well , your offer will be too tempting or interesting for her to refuse. It's a simple step that can prove to be very useful in your quest of [bringing your ex back](#).

Situation 4: Analyze things a bit. Think about all the stuff she wanted and never had the time or the means to get it. A simple example would be an old book or a certain album she never found. Try to find this small but also valuable gift (valuable in terms of value to her, not to be mistaken with the word expensive). Also an important factor would be not to brag about trying to find this gift, keep it cool, **act as if it was a random event**, you just stumbled upon that particular thing and since you knew she liked that very much, you decided to surprise her.

Situation 5: Since there a lot of possible situations, let's take a more general approach to this matter: **buying a gift** that concerns your relationship, a particular recent event, thus emphasizing the special importance of her time spent with you. The main idea would be to **make her feel special**, to feel wanted, loved, to know that you enjoyed every minute, every second spent with her.

Since we have a list of situations where a gift is a good decision, let's present certain moments where a gift will be inappropriate or useless. Try **not to give her a gift that reminds her the break up cause**, or other inadequate gifts for example: if she thought you are insensitive, don't send a big rose bouquet with a love note attached. What I'm trying to say is that you don't have to be someone else **to get her back**, you will only look like a hypocrite, she will only see you like a sham, and that's not your goal. Try to be yourself, think the situation before you act, remember that sometimes more doesn't necessarily mean better.